Infant/Early Childhood Mental Health
Postgraduate Certificate Program

Spring 2022 Course Schedule

Instructor: Valerie Bellas, PhD

Course: ‘Theory to Practice: Clinical Assessment and Treatment with Young Children and Parents/Caregivers’

Course Description: This course will focus on the application of developmental thinking associated with enhancing skills in screening, assessment, diagnosis, and treatment of very young children and their families. The course will review current examples of evidence-based practices, family-driven and trauma-informed care, including the impact of COVID-19 related life changes, racism and other forms of systemic oppression on very young children, their families and communities. Students will actively engage to integrate theory with applied practice using readings, case studies, written reflective responses, and in-class case discussion.

This course meets on the following days/times* in an online synchronous format (via Zoom) with the possibility of individual class meetings taking place at Cal State East Bay’s Oakland Professional Development and Conference Center:

Saturday, January 29 - 9 am – 12:30 pm
Saturday, February 12 - 9 am – 12:30 pm
Saturday, February 26 - 9 am – 12:30 pm
Saturday, March 12 - 9 am – 12:30 pm
Saturday, April 9 - 9 am – 12:30 pm
Saturday, April 23 - 9 am – 12:30 pm
Saturday, May 7 - 9 am – 12:30 pm
Saturday, May 21 - 9 am – 12:30 pm

The Fall 2022 semester course, “Understanding Resiliency, Risk, and Protective Factors with Special Populations” will be scheduled in May 2022 and will begin in August 2022.
This course is available to only to students who have been admitted to the program and who have registered for the course through the Office of Continuing Education. California State University East Bay will start accepting applications for admission from new students in March of 2022 for a potential new cohort start date of January 2023. Prospective students with questions about this program can contact the California State University East Bay Office of Continuing Education at ce@csueastbay.edu or by calling 800-730-2784 to speak to a representative.

*Days/times/location of classes may be subject to change at any time. Current students should check with the instructor if there are questions regarding class meetings. For more information about California State University East Bay response to COVID-19, including vaccination and marking policies, click here.